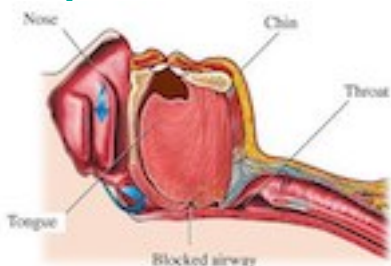


Breathless: Oral Signs of a Silent Epidemic



It is estimated that approximately 23 million adults in the United States have undiagnosed or untreated moderate to severe obstructive sleep apnea.

Breathing is the most essential function of our bodies. Without oxygen, we cannot survive. Yet until recently, breathing was not considered a part of dentistry's scope of practice. With new scientific discoveries we are learning about the critical role of the form and function of oral structures in sleep-disordered breathing.

In October 2017, the American Dental Association (ADA) released a policy statement addressing dentistry's role in sleep-related disorders encouraging dental professionals to screen their patients for obstructive sleep apnea and upper airway resistance syndrome; advocates working with medical colleagues; and emphasizes the effectiveness of intraoral appliance therapy for treating patients with mild to moderate obstructive sleep apnea and CPAP-intolerant patients with severe obstructive sleep apnea. Screening for and treating sleep-related breathing disorders has become the newest focus of integrated dental practice. Breathe life into your patients with an airway centered practice.

See dental practice through a new lens
- that of an oral wellness specialist.

Suggested Audience: Dentist, Hygienist, and Team
Suggested Format: Full or Partial Day Workshops



Course Objectives

- Identify various types of sleep-disordered breathing
- Describe effective screening process for identifying sleep-disordered breathing
- Appraise the risks of undiagnosed and untreated sleep-disordered breathing
- Recognize the signs and symptoms for sleep-disordered breathing in children and adults
- Distinguish the treatment options available for sleep-disordered breathing

“ I’ve worked with hundreds of dental speakers over the past 20 years. Kathryn is a rare gem. If you have the opportunity to include Kathryn Gilliam on your program, do it! You’ll be thrilled that you did.”

—Vanessa Emerson, Founder Dental Speakers Bureau, Founder Dental Speaker

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Schedule a call with Kathryn: [Calendar](#)