

Meet Kathryn



The origin of many systemic diseases can be found in periodontal disease.

Kathryn Gilliam's interest in the medical side of dentistry led her to years of advanced study into the oral-systemic link, including graduating from the prestigious Bale Doneen Preceptorship. Her company, PerioLinks, LLC, was born out of her desire to train dental teams to transform their practices to care for the total health of their patients through comprehensive periodontal treatment.

Rates of oral cancer continue to increase, yet only 14% to 18% of dental offices screen for oral cancer.

Kathryn has been on the front lines of early detection of oral cancer throughout her career. Kathryn teaches an elegant and thorough head and neck cancer exam that both relaxes patients and raises their awareness of the importance of regular cancer screening. She is an active volunteer for The Oral Cancer Foundation and Oral Cancer Cause.

Kathryn delivers impactful presentations to both small and large groups across the country and internationally. She is a graduate of the Lioness Principle Advanced Transformational Trainer and Inspirational Speaker programs. She has published continuing education courses for ineedce.com and Dr. Bicuspid.com, and Kathryn's articles have been featured in: *The Journal of the Academy of General Dentistry, AGD Impact, Dental Economics, RDH Magazine, Dentistry Today, and Modern Hygienist.*

Additionally, Kathryn is a member of the American Academy of Oral Systemic Health and is a member of the board of the Houston Component of the Oral Cancer Foundation. She is also a member of the Speaking Consulting Network and Directory of Dental Speakers.

Contact Kathryn to customize a presentation for your next meeting!



Revolutionize your practice by applying the science of the oral systemic link

Transform patients' whole body health with innovative dental care

Elevate professional identity and achieve heightened personal satisfaction

*Kathryn
Gilliam*
RDH, BA

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What's Being Said About Kathryn's Programs



“Kathryn has a thorough grasp of the critical role oral health plays in arterial wellness. Her presentations illuminate the link between periodontal disease and arterial inflammation, as well as how inflammation can be extinguished by managing and eradicating periodontal disease.” —**Bradley F. Bale, M.D., Cofounder of the Bale/Doneen Method, Medical Director, Heart Health Program Grace Clinic, Adjunct Professor School of Nursing, Texas Tech Health Sciences Center**

“It is my honor to recommend Kathryn Gilliam for speaking and consulting services. Kathryn possesses a robust range of dental knowledge and experience and is deeply committed to making a difference in the health of our patients and our practices. Her command of the oral systemic science and her ability to express herself in a professional manner is exemplary. She is a polished speaker with content that is timely and inspiring.” —**Lisa Marie Samaha, DDS, FAGD; Founder and Instructor PerioPassion Dental Seminars / Perio Arts Institute**

“Kathryn Gilliam is a truly remarkable hygiene clinician, industry leader, and inspiring speaker! She is passionate and knowledgeable about the oral systemic link, its effect on patient's lives, and our ability to influence patient's health and well-being. One of the best speakers I've heard on this topic!” —**Katherine Eitel Belt; Speaker, Consultant, Author**

“Kathryn Gilliam is the ultimate expert on oral cancer and how to help oral cancer patients. Her expertise and passion are evident in her presentations. She is fun and easy to work with. If oral cancer is your topic of interest, Kathryn is your only choice for a top speaker.” —**Janet Hagerman; Speaker, Author, Coach**

“I found the information Kathryn shared in her PerioLinks seminar to be extremely beneficial. She presents advanced concepts with expertise and makes complex ideas clear and easy to understand. Kathryn inspires the dental team to recognize the oral-systemic connection and provides easy to follow strategies to implement this information in practice. I highly recommend her courses.” —**Patti Sooy, RDH; Speaker, Consultant**

“Kathryn's presentation was fantastic! She provided the latest scientific information and easy to implement clinical protocols. Dental health can no longer be separated from the rest of the body! I highly recommend Kathryn's courses to help elevate your identity to that of a Oral Wellness Specialist.” —**Cynthia Carlson, RDH, BS, PH-RDH**



“Kathryn Gilliam is one of the most ‘committed to excellence’ speakers in the field of whole health dentistry. She delivers her messages with tremendous knowledge and passion. Kathryn is an oral cancer advocate creating awareness and education for early diagnosis. Don't miss an opportunity to hear this talented dental speaker again and again.” —**Linda Miles; Speaker, Consultant, Author**

“Kathryn is passionate and knowledgeable about oral health care and she is at the forefront of the oral- systemic movement. Her presentation was informative and entertaining and gave us a lot to talk about. Kathryn is a go-to person for professional education and a great mentor to her colleagues. Our organization will happily invite Kathryn back again and again.” —**Jessica Smith, RDH, BS; Vice President, Greater Baton Rouge Dental Hygienist Association**

“Kathryn does a great job of incorporating information that is accurate and useful in your everyday life. With all the statistics presented on how periodontal disease can impact the whole body, you know this gal has done her homework. You will not be disappointed with Kathryn at the front of the room!” —**Ryan D. Rutar, RDH BSDH, MA, President-Elect, Nebraska Dental Hygienist's Association**

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